



Steps

1. Print off this letter.
2. Fill in the blank with what you are manifesting.
3. Only write one manifestation per letter.
4. Sign the letter
5. Pop the letter in your Pause.Penny Manifestation Box or Gratitude Box.
6. Read the letter before you go to bed.
7. Visualise you having it.
8. Believe & let go.

Sample

LETTER TO THE UNIVERSE

Dear Universe

Thank you so much for my soulmate, baby, new job, book deal, sales, dream home.

I am so grateful for this. You have exceeded all my expectations. I almost can't believe I manifested it!

I promise that I will always surrender and let go. I will trust your timing. I will believe in myself and know that anything is possible.

I believe.

Thank you,

Sign Your Name Here

PAUSE.PENNY



LETTER TO THE UNIVERSE

Dear Universe

Thank you so much for my _____.

I am so grateful for this. You have exceeded all my expectations. I almost can't believe I manifested it.

I promise that I will always surrender and let go. I will trust your timing. I will believe in myself and know that anything is possible.

I believe.

Thank you,

A dark blue oval logo with a white border, containing the text 'PAUSE.PENNY' in white, uppercase letters.

PAUSE.PENNY